

St James EarlyON Child and Family Centre

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289-237-1297



Hamilton

St James the Apostle Elementary School
29 John Murray St

September 2019

Daily Drop-In 8:30am - 12:30pm (Mon - Fri)

Ages: 0-6 years

Encourages participation in open-ended and inquiry based play.

* Mother Goose* 12:30pm

Ages: 0-12 months

Interactive songs and milestone sharing to encourage a deeper bond with your baby.

* Walking to wellness* 9:00 am

Ages: Prenatal to 18 months

Walking is a great activity to support your emotional well-being and promote positive Mental Health. Come walk with us as you adjusting to life with a new baby and meet other parents.

* Infant Picasso*

Ages: 0-12 months

Special holiday foot-print keep sake.

Toddler Picasso

Ages: 12 months and up

Creative Art

Indigenous Educational Visit

Ages: all ages

Friends from Niwasa share traditional songs, drumming, & stories.





Fun With Science

Ages 12m and up

Explore and experiment with a variety of materials.

Ask the PHN!

Ask the public health nurse any questions you have about your pregnancy, baby or child(ren).

MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
2 <i>Centre is Closed Labour Day</i>	3 <i>Ask the PHN 9:30-11:00</i>	4	5	6
9	10	11  Toddler Picasso 10:30am	12	13
16 Mother Goose * 12:30 - 1pm (0-12m) 	17 <i>Fun With Science</i> 10:30am	18 <i>Walking to wellness</i> 9 am (0-18m) *	19 <i>Ask the PHN</i> 9:30-11:00 Indigenous Educational Visit	20
23 Mother Goose * 12:30 - 1pm (0-12m) 	24	25 <i>Walking to wellness</i> 9 am (0-18m) *	26	27
30 Mother Goose * 12:30 - 1pm (0-12m) 	<i>* registration required *</i> <i>Please call or email</i>			